



GEMSTONE FOCAL BEAD SETS THAT ROCK! - RELAX Exclusive Gemstone Focal Bead Sets That Rock! (Relax) from The Bead Gallery, Honolulu includes:

> Total pieces: 6 pieces Stones included are: 14mm amethyst 14mm burmese jade 16mm agate 14mm carved shell 25mm black agate 14mm crystal quartz

Hole size fits up to 18 gauge Each mix is slightly different based on the one-of-a-kind nature of the stones.

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Featured Genstones:

Jade is a stone which promotes emotional balance. It attracts good luck and friendship. Jade promotes purification and gentleness, has a soothing energy, and can be nourishing to the soul. As a protective talisman, jade has always been held, worn, and praised as a stone rich in good fortune. In addition to being an amulet for good luck, your use of jade can encompass all aspects of healing (emotional, spiritual, and physical). Jade is a solid and potent cleansing stone, and is well-known for aiding in the fight against infections and nervous system conditions, lowering fevers, and encouraging the body to repair itself. Jade has a strong attachment to the spiritual world and is closely associated with the heart chakra, which aids in the development of self-love, as well as trust and compassion. It assists in flushing out negative energy and bringing oneself into harmony with the rest of the world. It helps you achieve mental clarity and have a peaceful heart to embrace all aspects of yourself.

Crystal Quartz helps keep you even-tempered, and assists in thinking clearly and making decisions from a place of strength and calm. CRYSTAL (CLEAR QUARTZ) - FOR STRENGTH, STAMINA AND STABILITY Enhances: wisdom, clarity of thought, general healing, memory, meditation, communication, transformation, awakening, cleansing, pureness of heart, intention, higher consciousness, positive thoughts, harmony and love. This stone amplifies the effects of other stones it's combined with.

Amethyst has many healing powers, and is known as the "stone of spirituality and contentment." Its many uses include balancing inner forces, bestowing strength and energy, aiding meditation, bringing tranquility of mind, obtaining knowledge and insight, and protecting from attack. Amethyst is a stone for spiritual protection and purification, and aids in curbing overindulgence and giving up bad habits. It helps create an energetic "shield" to ward off negativity, and brings calm and clarity where there is anxiety and confusion.

Black Agate is a protective stone! It offers protection from stress, bad dreams, and dangers. It also promotes prosperity. Black agate protects against negative energy, and attracts good fortune. It allows one to achieve success, courage, and strength.

About this Mix (a note from Jamie):

This set is made up of 6 large focal beads, and I truly love the energetic outcome. I've designed healing jewelry with teeny tiny beads, and have been asked if the small beads work as well as the large. Usually as a reminder, or for intention work, the use of color therapy is just as powerful whether it's tiny or large.

However, when it comes to gemstones, I love a good chunk of stone that I can carry, or won't get lost in the low pile carpet fibers when I drop it! :). It's nice being able to hold and cradle that energetic piece and feel that transfer of power.

Enjoy this RELAXING combination, and Imk if you ever want an appointment to set up a custom one for you!

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