



The Bead Gallery



A HIKER'S BEST FRIEND!
STRETCHY BRACELET KIT

This exclusive A Hiker's Best Friend: Mixed Gemstone & Bamboo Stretchy Bracelet Kit from The Bead Gallery, Honolulu includes:

8mm round bamboo beads - 27 pieces
Henry Mountain petrified wood bead - 1 piece
Rhodochrosite faceted chunky rondelle beads - 2 pieces
8mm round African turquoise (jasper) beads - 4 pieces
5mm gold plated nibbette spacer beads - 10 pieces
Stretchy cord - 4 feet
Black monofilament 'stretchy cord needle' - 1 piece

Each kit is slightly different based on the one-of-a-kind nature of the stones.

VIDEO TUTORIALS:

[Stretchy_Cord Bracelet Tutorial](#)

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* Additional Supplies Recommended

Sharp Scissors
Rex Board
HypoTube cement



About this kit:

Bamboo is a symbol of strength, flexibility, and health. Its strength teaches us to stand upright and its flexibility teaches us to adapt to the harshest circumstances. Rhodochrosite for heart activation and jasper to bring balance and awareness. Let's get outside!

Flexibility in design is the highlight of this stretchy bracelet kit! Options include stringing a simple bracelet of bamboo to the almost endless combinations possible with the gemstones included - use one...use some...or use them all!

Jasper is a stone which belongs to the family of chalcedonies. It is a good stone for dealing with mental stress, grounding, and aligning chakras. It can be very beneficial during times of stress and also brings confidence. Jasper allows us to face and deal with irrational fears and allows us to access inner peace, happiness, and a sense of completeness. It also encourages gratitude, something that is widely held to be extremely beneficial to our mental health.

Rhodochrosite opens the heart and energizes the soul, thereby facilitating giving and receiving love. It is a stone which represents selfless love and compassion. It helps one face the truth about oneself and others with loving awareness, gentleness, and comfort, and promotes emotional healing. It supports self-healing from past physical or emotional violence, severe shame, or any type of traumatizing emotional injury.

Petrified wood is wood turned into stone over millions of years, as the wood was replaced by translucent chalcedony (an agate) made of teeny tiny crystals - and thus became a gem :)

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